

CURRICULUM VITAE

AROCKIA AMALA JACKSON G
HSE OFFICER
(Transferable visa with NOC)

DOHA-QATAR

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CAREER OBJECTIVE:

As a HSE Officer, my primary objective is to impart the fullest of my abilities in ensuring that all the people involved in the company comply with the health, safety, and environmental protocols. My five years of experience as HSE Officer has broadened my understanding and enhanced my skills in identifying hazards as well as developing risk mitigating methods. Among my aims is to ensure that every employee is well-equipped and respond to emergencies by designing and conducting regular drills.

PROFESSIONAL EXPERIENCE

Organization: **Inspec Energy & Tony Tech (Qatar rail, Green line project), Doha.**

Duration: **Jan2018 to till DATE.**

Designation: **HSE Officer**

- To increase safety awareness at all levels.
- To respond to employee's safety concerns.
- Carrying out risk assessments and considering how risks could be reduced.
- Carrying out daily safety inspection to identify unsafe condition.
- To ensure the proper PPE are being used by employees.
- Creating safe working condition and work procedure.
- Monitor the construction activities at high elevations.
- Develop, implement and monitor the safety procedures.
- Ensure all reasonable and proper safety measures are to be applied.
- Increase and apply the awareness on health and safety levels within the organization.
- Initiate on fires and other emergencies situations.
- Providing and conducting basic firefighting and fire extinguishers.
- Installation of safety signage.

Organization: **Handar Engineering and Construction Company,**
Doha. Duration: **Jan2017 to December 2017.**

Designation: **HSE Officer**

- Doing regular inspection to the site to check whether the work is done safely.
- Conducting mass tool box talks.
- Providing training for the workers on safety
- Checking the confined space to make sure all the safety measures are being implemented and practiced.
- Reporting and taking action for unsafe act and unsafe conditions, near misses and deviations to management in order to prevent accidents.
- Planning and execution of accident prevention programs including training and orientation for new employees.
- Keeping proper safety records and reports including incidents, near misses and accidents.
- Promoting good housekeeping culture.
- Conduct hazard identification and risk assessment on site.
- Organize and conduct monthly safety meetings.
- Understanding of site supervision and use of PPE.

Organization: **Green Pearl Engineering Construction and Corporation Limited, Chennai.**
Duration: **March 2016 to December2016.**

Designation: **Safety Engineer**

- Making changes to the working practices that are safe and comply with legislation.
- Preparing health and safety strategies and developing internal policy.
- Carrying out risk assessments and considering how risks could be reduced.
- Outlining safe operational procedures which identify and take account of all relevant hazards.
- Carrying out regular site inspections to check policies and procedures are being properly implemented.
- Leading in-house training with managers and employees about health and safety issues and risks.
- Taking charge of environmental protection.
- Providing social responsibilities and personal safety.
- Provide Safety training to the workers from the Safety section.
- Manage registers for daily job allocation and preplanned registers to improve the safety culture.
- Provide work permits such as parent work permit, confined space work permit, hot work permit, height work permit excavation work permit and night work permit.
- Carrying out induction training for those who come newly to the site.
- Carrying out regular inspection of the labor camp.
- Conducting mock drills.
- Visiting other sites and implementing Safety and giving training to the Staff and labors regarding Health and Safety to promote the safety Culture.

Organization: **Phoenix mall, Chennai**

Duration: **June 2014 to March 2016.**

Designation: **Emergency Response Officer**

- Daily safety checklists regarding fire & general safety.
- Ensure Internal Fire Hydrant check list & External Hydrant checklist.
- Ensure Fire pump checklist & retailer safety audits.
- Daily Fire Hydrant Operational and functional status.
- Attending lift emergency, medical emergency & fire emergency.
- Handling emergency situations such as providing first aid for medical emergency.
- Conducting mock drills quarterly and fire training for retail staff.
- Periodical checks of fire equipment such as fire extinguisher, smoke detectors, Hooter, emergency stair case, exhaust fan, jet axial pressurization grill.
- Checking & ensuring the hot work side & train the fire guards on periodical basis.
- Carry out mock drills.
- I have also worked in CCTV operations, ensuring the safety of the people in the entire premises of the mall.
- Submit reports on emergency events, Periodical equipment checklists to Safety Manager.

ACHIEVEMENT

Awarded as the best EMERGENCY RESPONSE OFFICER (Asst Safety Officer) on December 2015.

EDUCATIONAL & PROFESSIONAL CREDENTIALS

- **NEBOSH IGC Course**, 2015 Certificate Number: NEBOSH 00294322/728790
- **IOSH**, 2018
- **Diploma in Industrial Safety & health**, 2015 Institute Safety Management (MS University).
- **Diploma in Fire and Safety Engineering**, 2014 Bharat Sevak Samaj Institute of fire and safety engineering (BSS) First Division.
- **Bachelor's Degree**, Manonmaniam Sundaranar University, Tirunelveli First Division.
- **H.S.C**, 2009 All Saints' Higher secondary school, Tamilnadu, India First Division.
- **S.S.C**, 2007 Sacred Heart High School, Tamilnadu, India First Division.

ADDITIONAL QUALIFICATION

- **First Aider**, 2018 Highfield International, Qatar.
- **Fire Marshal**, 2018 Highfield International, Qatar, Distinction.
- **Work place Risk assessment**, 2015 Institute Safety Management, India

PERSONAL DETAILS:

- Name : G.AROCKIA AMALA JACKSON
- Father's name : P.GEORGE
- Nationality : INDIAN
- Religion : CHRISTIAN
- Date of Birth : 26.10.1991
- Hobbies : Table tennis, Basketball, Trekking, Cycling.
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- Languages Known : English, Tamil and Hindi.
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- Passport details : Passport no : M7338647
Issued at : Madurai
Validity : 08.03.2025

DECLARATION:

I hereby declare that the information given above is true to the best of my knowledge.
I will make it my earnest endeavor to discharge competently and carefully the duties you may be pleased to entrust with me.

Place:**Yours Faithfully****Date:****Arockia Amala Jackson G**